

BACKYARD

COFFEE

BACKYARD BLEND BY GIRAFFE COFFEE

ESPRESSO 2.50
AMERICANO 2.80
CAPPUCCINO 3.30
FLAT WHITE 3.80
CORTADO 3.70
CAFE LATTE 3.60
LATTE MACCHIATO 3.80

ICED COFFEE 3.60

OUR COFFEES ARE SERVED WITH
PLANT BASED MILK BY DEFAULT:
ALPRO SOY
RUDE HEALTH ALMOND
OATLY OAT

COW MILK IS AVAILABLE UPON REQUEST

SYRUP UPON REQUEST +0.50

TEA

LOOSE LEAF TEA BY THE TEA LAB

GREEN YASMIN 2.80
ASSAM 2.80
ROOIBOS 2.80
FUNKY FLAMINGO 2.80
BLACK TEA, ROSE PETALS
VANILLA SKY 2.80
BLACK TEA, VANILLA
FREE YOUR MIND 2.80
GREEN TEA, HIBISCUS

FRESH GINGER 3.00
FRESH MINT 3.00

CHAI LATTE 3.50
MATCHA LATTE 3.50
TURMERIC LATTE 3.50
HOT CHOCOLATE 3.50

DRINKS

APPLE JUICE 2.95
PEAR JUICE 2.95
MARIE STELLA MARIS 2.80
SPARKLING/STILL
FRITZ COLA 2.95
REGULAR/LIGHT
FRITZ RABARBER 2.95

YAYA KOMBUCHA 4.50
BUNDABERG GINGERBEER 4.20

SMOOTHIES

THE HULK 5.50
SPINACH, AVO, APPLE, BROCCOLI, MANGO,
SPIRULINA, WHEATGRASS, BARLEY GRASS

PURPLE RAIN 5.50
ACAI, BLUEBERRY, BLACKCURRANT, BANANA,
APPLE, STRAWBERRY, BLACKBERRY, BAOBAP

TROPICAL SUNSHINE 5.50
PASSION FRUIT, PINEAPPLE, COCONUT, MANGO,
APPLE, ACEROLA CHERRIES

BEER BY THE BOTTLE

VEGAN

GULPENER PILS 3.00
BEER BUCKET 15.50
6 BOTTLES GULPENER IN ICE BUCKET

NOORDT SINGLE 4,5% 4.80
LIGHT & FRESH, HINT OF LIME
NOORDT BLONDT 6% 4.90
ROUND & FULL, DARK BLOND

VET&LAZY

'JE MOEDER' 8,5% 5.50
BLOND TRIPEL, FRESH JAPANESE HOP,
ELDERFLOWER
'DUBBEL WIT ZOMERFIT' 7% 5.50
CITRUS FRUITS, CARDAMOM, CORIANDER

LOWLANDER

SUMMER ALE 3,8% 5.50
BLOND, ORANGE, DRAGONFRUIT
LOWLANDER WIT 0,00% 5.25
WHITE BEER, FRESH, FRUITY
LOWLANDER IPA 0,3% 5.25
MANGO IPA, ORANGE PEEL, CARDAMOM
LOWLANDER IPA 6% 5.50
CITRUS, HOPPY, FRESH SPICE

*Every Friday Cocktail O'Clock
5-6 PM: All Cocktails €6.00*

HOMEMADE DRINKS

GINGER LEMONADE 3.70
GINGER, HOMEMADE LEMONADE
BACKYARD LEMONADE 4.50
LEMONGRASS, LIME, COCO, SPARKLING WATER

HIBISCUS ICED TEA 3.70
GREEN ICED TEA 3.30
BLACK ICED TEA 3.30

FRESH ORANGE JUICE 3.50

WINE

VEGAN

'SLOW' CHENIN BLANC 4.25/21.50
SOUTH AFRICA, ELEGANT, EXOTIC
'O' CHARDONNAY 5.95/30.00
CHILE, FRUITY, HINT OF CITRUS

'SLOW' SYRAH 4.25/21.50
SOUTH AFRICA, ELEGANT, HERBAL
PINOT NOIR 6.25/31.50
FRANCE, FRUITY, BODY

CROIX DE BASSON ROSE 5.50/30.00
FRANCE, LIGHT, FRUITY, ELEGANT

PROSECCO SPUMANTE 6.95/36.00
FRANCE, DRY & FRUITY, SPARKLING

COCKTAILS

GIN TONIC 9.95
CHOOSE YOUR GIN:
BOBBY'S, HENDRICKS

BACKYARD MOJITO 9.95
RUM, COCO, LEMONGRASS, MINT, LIME, SODA
BACKYARD BLISS 9.95
VODKA, PEACH, GINGER, LEMONADE

MOSCOW MULE 9.95
VODKA, LIME, GINGERBEER
DARK & STORMY 9.95
DARK RUM, LIME, GINGERBEER

ESPRESSO MARTINI 9.95

MIMOSA 8.95
FRESH OJ, PROSECCO
BELLINI 8.95
PEACH PURE, PROSECCO

BACKYARD

BREAKFAST TILL 4PM

OVERNIGHT OATS 5.50 (GF)

OATS, ALMOND MILK, BLUEBERRY, HOMEMADE GRANOLA

YOGURT GRANOLA BOWL 7.50 (GF)

SOY YOGURT, HOMEMADE GRANOLA, FRESH FRUIT

GREEN SMOOTHIE BOWL 9.95 (GF)

SPINACH, AVOCADO, BANANA, CACAO, GRANOLA, CHIA, FRESH FRUIT

ACAI BOWL 9.95 (GF)

ACAI, CACAO NIBS, GRANOLA, CHIA, FRESH FRUIT

AVO & SALSA TOAST (2 PCS) 8.95 (NF)

1 SMASHED AVOCADO CHILIFLAKES & 1 HOMEMADE SALSA

TOASTIE CHEESE 6.95 (NF)

VEGAN CHEESE, SPINACH, SUNDRIED TOMATOES - AIOLI

WAFFLE & FRESH FRUIT 8.95 (NF)

WITH SEASONAL FRUIT, MAPLE SYRUP, POWDERED SUGAR

BREAKFAST FOR CHAMPS

FROM 9 - 11 AM

AVO TOAST, MINI YOGURT GRANOLA & FRUIT, BANANA BREAD, FRESH ORANGE JUICE

9,95

SWEETS ALL DAY

BANANA BREAD 4.50

DRIED FIGS & WALNUTS WITH SALTED CARAMEL

CARROT CAKE 4.75

WITH WALNUTS & CINNAMON

OREO CAKE 4.75 (NF)

3 LAYER STUFF YOUR FACE OREO CHOCOLATE CAKE

BLUEBERRY NO CHEESECAKE 4.50 (GF)

FRESH BLUEBERRY NO CHEESECAKE, ALMOND DATE CRUST

WELCOME

to our urban Backyard where you can enjoy our relaxed atmosphere. Drink the best coffee in town and eat our delicious home made meals.

A place where everyone can enjoy great food, whether you are a vegetarian, full time vegan or a carnivore who wants to take a step on the wild side.

We believe in a sustainable future and try our very best for people to get to know plant based food as fun, easy and delicious. Break through the 'vegan stereotype' and make your tummy feel yummy.

ADD-ONS

AVAILABLE FOR ALL BREAKFAST DISHES

+ AVOCADO 2.50 (GF)(NF)

+ COCONUT BACON 2.50 (GF)(NF)

PLEASE LET US KNOW IF YOU HAVE ANY FOOD INTOLERANCES

(GF) GLUTEN FREE - CAN CONTAIN TRACES OF GLUTEN (NF) NUT FREE

BACKYARD

ALL DAY FROM 12 PM

ASIAN SOUL BOWL 13.95 (NF) (COLD)
KIMCHI, SPRINGROLLS, EDAMAME, SWEET CHILI TEMPEH,
ROMAINE, CUCUMBER, TOMATO, SESAME GINGER DRESSING

GREEK GODDESS BOWL 12.95 (NF) (GF) (COLD)
GRILLED ZUCHINI & PAPRIKA, TOFETA, OLIVES, CHICKPEA,
CUCUMBER, TOMATO, HUMMUS, TZATZIKI

RAINBOW FALAFEL BOWL 13.95 (NF)
SWEET POTATO FALAFEL, HUMMUS, FLATBREAD, CUCUMBER,
TOMATO, PICKLED ONION, TAHINI DRESSING

CIABATTA GRILLED VEG 7.95 (NF)
HUMMUS, GRILLED VEGGIES, SUNDRIED TOMATO,
PUMPKIN SEEDS

CROQUETTE BUN 8.95 (NF)
2 VEGAN CROQUETTES ON SPELT BUN, MOSTERD MAYO

ADONIS WRAP 8.95 (NF)
SHWARMA, HUMMUS, TZATZIKI, OLIVE, TOFU FETA, SALAD

HUMSHUKA 9.95 (NF)
A MARRIAGE BETWEEN HUMMUS & SHAKSHUKA, FLATBREAD

BACKYARD CHEEZE BURGER 10.95
BLACK BEAN BURGER, VEGAN CHEESE, AIOLI, PICKLED &
FRIED ONION, TOMATO, BBQ SAUCE, PRETZEL BUN
+SWEET POTATO FRIES 5.50

SPICY KIMCHI BURGER 10.95 (NF)
WHEAT.PRAY.LOVE SEITAN BURGER, KIMCHI, ROMAINE,
COCONUT BACON, GOJUCHANG MAYO, SPELT BUN
+SWEET POTATO FRIES 5.50

PULLED NO CHICKEN 10.95 (NF)
KING OYSTER MUSHROOM, CARAMELISED ONION, SALSA,
SPELT BUN
+SWEET POTATO FRIES 5.50

BACKYARD HEALTHY KAPSALON 13.95 (NF)
SWEET POTATO FRIES, SHWARMA, LETTUCE, CUCUMBER,
TOMATO, RED & FRIED ONION, SRIRACHA MAYO & AIOLI

NACHO AVERAGE SWEET POTATO 15.50 (NF)
BAKED SWEET POTATO, GUAC, SALSA, AVOCADO, PICKLED
ONION, JALOPeÑOS, CORN, BEANS, NACHOS & COCONUT
BACON

TIKKA MASSALA BOWL 15.50 *FROM 5:30PM
CHICKPEA CURRY, SPINACH, SALAD, FLATBREAD, RICE

LENTIL CURRY SOUP 6.95/9.95 (NF)
RED LENTIL, CREAMY COCONUT, CIABATTA

BACKYARD SNACK PLATTER

FALAFEL, TZATZIKI, FLATBREAD, HUMMUS,
NACHOS, SALSA, GUACAMOLE, SWEET POTATO
FRIES, SPRING ROLLS, CHILI SAUCE

23.95

SNACKS

BREAD & AIOLI 4.50 (NF)
CIABATTA, HOMEMADE AIOLI

FLATBREAD & DIPS 6.95
TZATZIKI, OLIVES, HUMMUS

SWEET POTATO FRIES 5.50 (NF)(GF)
SWEET POTATO FRIES & SRIRACHA MAYO

BITTER BALLEEN (5PCS) 6.95 (NF)
FRIED VEGAN DUTCH BITTERBALLEEN, MUSTARD MAYO

FRIED SPRING ROLLS (6PCS) 5.50 (NF)
MINI VEGGIE SPRING ROLLS, CHILI SAUCE

NACHOS MUCHACHOS 9.50 (GF)(NF)
NACHOS, MELTED VEGAN CHEESE, JALOPeÑOS, SALSA,
GUACAMOLE

NACHOS SUPREME 12.50 (NF)
NACHOS, MELTED VEGAN CHEESE, JALOPeÑOS, SALSA,
GUACAMOLE, PULLED NO CHICKEN

ADD-ONS

AVAILABLE FOR ALL DAY DISHES

- + AVOCADO 2.50 (GF)(NF)
- + SIDE SALAD 4.25 (GF)(NF)
- + COCONUT BACON 2.50 (NF)

ADD-ONS

AVAILABLE FOR DINNER DISHES

PLEASE LET US KNOW IF YOU HAVE ANY FOOD INTOLERANCES

(GF) GLUTEN FREE - CAN CONTAIN TRACES OF GLUTEN (NF) NUT FREE

BACKYARD

3 COURSE DINNER FROM 5:30PM

CHOOSE YOUR FAVOURITE DISH PER COURSE

STARTERS

LENTIL CURRY SOUP (GF, NF)

RED LENTIL, CREAMY COCONUT

CIABATTA & AIOLI (NF)

CIABATTA WITH OUR HOMEMADE AIOLI

MINI SPRINGROLLS (6 PCS) (NF)

FRIED VEGGIE SPRINGROLLS, CHILI SAUCE

MAINS

PULLED NO CHICKEN + SWEET POTATO FRIES (NF)

KING OYSTER MUSHROOM, CARAMELISED ONION, SALSA, SPELT BUN

BACKYARD CHEEZE BURGER + SWEET POTATO FRIES

BLACK BEAN BURGER, VEGAN CHEESE, AIOLI, PICKLED RED ONION, TOMATO, BBQ SAUCE, PRETZEL BUN

SPICY KIMCHI BURGER + SWEET POTATO FRIES (NF)

WHEAT.PRAY.LOVE SEITAN BURGER, KIMCHI, ROMAINE, COCONUT BACON, GOJUCHANG MAYO, SPELT BUN

NACHO AVERAGE SWEET POTATO (NF) (OMIT COCONUT BACON FOR GF)

BAKED SWEET POTATO, GUAC, SALSA, AVOCADO, PICKLED ONION, JALAPEÑOS, CORN, BEANS, NACHOS & COCONUT BACON

TIKKA MASSALA BOWL (NF)

CHICKPEA CURRY, SPINACH, SALAD, FLATBREAD, RICE

DESSERTS

OREO CAKE (NF)

3 LAYER OREO CHOCOLATE CAKE

BLUEBERRY NO CHEESECAKE (GF)

FRESH BLUEBERRY NO CHEESECAKE, ALMOND DATE CRUST

CARROT CAKE

3 LAYER CARROT CAKE WITH WALNUTS & CINNAMON

€25.00

(GF) GLUTEN FREE - CAN CONTAIN TRACES OF GLUTEN (NF) NUT FREE

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